


Life Hacks (Spanish)

Hacks de Vida (Life Hacks) is a guide to better understanding online gender violence in Latin America and how to support those who face it. Targeted at female activists and cyber security experts, it draws on the testimonies of more than 20 campaigners and specialists from the region and deals with the effects of online gender violence on a personal, technical and community level. Authored by Estrella Soria and Luisa Ortiz Pérez in collaboration with IWPR, it was released in March 2018.

For more download options please go to [**archive.org/details/@hacks_de_vida**](https://archive.org/details/@hacks_de_vida)

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